

Southeastern Connecticut WOMEN'S NETWORK NEWS



Volume 33, Number 10, August 2020

*** Important Notice!** **Membership Renewal** **2020-2021!**

1. Renew Now. The renewal date for most members is July 1st*. Please click, login and renew
continued on this page

Grow Your Business with **Network Advertising** **SPECIAL OFFER!!!**

Buy 1 year, get 3 months
Free (15 months total)

Take this opportunity to boost your business as restrictions and the economy open up.

Online advertising is worth more than ever now that people are purchasing online constantly. **Use this Special Offer to "Grow Your Business Now!"**

Rates are a Great Value for newsletter ads and website ads. All ad rates listed are for one year (includes 3 Free additional months).
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Package deals will still be offered when purchasing multimedia ads (i.e. newsletter & website) = 20% off.

All ads and package deals must be prepaid.

Members can login to view and/or purchase ads:
www.sectwomensnetwork.org/events

August 19, Free Zoom Meeting **Member Business Virtual Tours -**

Virtual Business Tour — You & Improved and Design 2 Consign with Shirley Zaccheo

Join Us Wednesday, August 19, 2020 at 11:30 am for our monthly Zoom meeting. *An email link will be sent prior to the meeting.*

Shirley Zaccheo is the owner of You & Improved a personal and professional Image Consulting business. She has been a certified Beauty & Image Consultant since 2003. In combination with her extensive sales background, she likes to say that she has been "hustling with a purpose" since she was 16 when she was selling flowers at a roadside stand in San Diego.

Shirley has a Marketing degree, specializing in Public Relations, Social Media Management, and Digital Marketing. She has been very lucky to tie her love of fashion and color with helping others walk in their best colors through her image consulting business, while running a women's upscale con-

signment boutique, Design 2 Consign in Waterford CT. The shop carries designer brands from Louis Vuitton, Coach, Kate Spade, Michael Kors and others, to better brands like Chicos, Anne Taylor, Talbots and more, at the best prices. She also sets up Personal Color Analysis appointments and Closet Evaluations, which includes teaching how to consign your best items, as your closet has value!



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Click to read more, add event to your calendar or register, <https://sectwomensnetwork.org/event-3929741>

Membership Renewal **2020-2021** *continued*

today. <https://sectwomensnetwork.org/Sys/Profile>

* *Members must renew by August 31 to be included in the Online Category Downloadable Directory.*

* *Those who wish to pay by check, click on "Invoice me" instead of "pay online," print out and mail with check to PO Box 921, Groton, CT 06340-0921.*

Upcoming Programs **Virtual Network @** **Night — Thursday,** **October 1**

Thursday, October 1, will be a Zoom Virtual Network @ Night, 6-8pm. Chef **Susan Napiany** of Pampered Chef will demonstrate a delicious recipe you will want to try making yourself. *An access link will be emailed prior to the event.* Click to add event to your calendar or register, <https://sectwomensnetwork.org/event-3929760>

Free Event
“Member Business
Virtual Tours”
You & Improved and
Design 2 Consign
with Shirley
Zaccheo
Wednesday,
August 19, 2020
“Brown Bag”
Luncheon at
11:30 am, via Zoom
Link will be
emailed to you.
Click to register
<https://sectwomensnetwork.org/event-3929741>

How Can We Help Each Other?

During this first-ever “work from home” and “stay home” virus crisis, what can we do to help each other? As SECT Women’s Network members, it’s in our motto to help each other — “For Powerful, Professional and Personal Relationships.”

Here are just a few examples — we can be creative and think of at least a hundred more ways. Members who have lots of time on their hands can offer to grocery shop for members who shouldn’t go out at all. Those who have been furloughed can offer help to essential workers who now have children at home. Those who are now working from home can offer free phone consultations in their area of expertise.

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President’s Message

August is an Important Month in the History of Voting Rights in the US

Hello, friends!

The month of August is a hugely significant month in our history. This year marks the 100th Anniversary of the 19th amendment. After years of protest and women getting beaten and thrown in jail for their beliefs, the 19th Amendment was passed by Congress on June 4, 1919, and ratified on August 18, 1920, granting women the right to vote.

We had initially discussed plans for recognizing this throughout the year, but then we were engulfed in a worldwide pandemic and scrambling to keep businesses afloat. As women have done throughout history, we will get through this and emerge even stronger than before.

In recognition of this very momentous occasion, I would like to discuss a few facts about the Women’s Suffrage Movement and the 19th Amendment.

1. On the eve of the inauguration of President Woodrow Wilson in 1913, protesters held a massive suffrage parade in the nation’s capital, and hundreds of women were injured. That same year, Alice Paul founded the Congressional Union for Woman Suffrage, which later became the National Woman’s Party.

2. Abolitionists like William Lloyd Garrison, Wendell Phillips, and Frederick Douglass supported the women’s rights movement and publicized their cause.

3. At the Seneca Falls Convention, Elizabeth Cady Stanton proposed the very radical right to vote against the advice of others and that carried only with the help of Frederick Douglass’s endorsement, who was also in attendance. As Douglass pointed out, the vote was the most fundamental right, the guarantor of all other rights.

4. Teddy Roosevelt was a big proponent of women’s right to vote. In

fact, his Harvard senior thesis was about equal rights for women.

5. Twelve other countries granted women the right to vote before the U.S.

6. The southern states opposed the 19th Amendment. The Tennessee Legislature had reached a 48-48 tie and the final vote came from a 23-year-old, Harry T. Burn. Though he opposed it, his mother convinced him to do the right thing and vote for it. With his vote, the 19th Amendment was fully ratified.

7. Mississippi was the last state to ratify the amendment in 1984. Remember that the next time that you visit the state.

8. Wyoming, the first state to grant voting rights to women in 1869, was also the first state to elect a female governor.

9. And finally.... Over nine million women voted for the first time in the Presidential Election in November 1920. That was just the beginning of our fight for equality.

These are just a few facts about our history, and we should never forget to pay homage to those amazing women (and a few brave men) who fought for and earned our right to vote.

I like to think about what those women would think and feel if they could see how far we have come since 1920. I hope that they would be proud of what they started. We have come an exceptionally long way since then, and we still must continue to push for equality.

Learn more about this history and see some great educational videos at Oxford University Press and History.com. <https://bit.ly/SECTWN19th> and https://bit.ly/SECTWN19th_OU.

Have a great month, everyone!

Denise Howard
President

Member Business Vitual Tour with Shirley Zaccheo

...from page 1

Shirley calls herself a lifelong and forever student. She is constantly learning and following leaders in multiple industries that help her work smarter not harder to share those tips, skills and lessons with others. Her two missions in life are to bring as much color as possible to other peoples worlds, and to change people's lives one handshake at a time!

You can often hear her say, **“Why not 'Maximize YOUR best 7 Seconds'”!**

Click to read more, add event to your calendar or register, <https://sectwomensnetwork.org/event-3929741> ■

How Can We Help Each Other...from page 2

Members who need help, **please reach out** to your Network friends and ask them to lend you a hand. Use our online directories for phone numbers and emails. Members can also post on our **Facebook Group** page to offer help and ask for help, [click here](#).

We are here to help each other! ■

Please Remember to Patronize Our Members' Small Businesses and Other Local Businesses

The last three months have been a particularly difficult time for our local small businesses. Many of these may never be able to recover and will be forced to close forever, so **please** remember to patronize our local businesses: shops, restaurants, services, organizations, hair salons, garden centers and farmers markets, as soon as they open back up! The large chain stores will survive — **the small businesses need our help!**

Network Mastermind

Network Mastermind groups have been meeting via Zoom throughout the shutdown. If you would like to attend the next meeting on Monday, August 10 at 1pm contact Judy Ricketts-White at: jwhite5506@sbcglobal.net

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WE Want YOU!

We Need Your Help! Join the Luncheon Committee! What is it? It is a great way to finally “put a name with the face!” We are the people who sit at the front table checking luncheon registrations. If we have enough people, you would only need to help at the front table every few months. Will you accept the challenge? Put a name to that face and meet more Network members! Please reach out to any board member if you would like to join the Luncheon Committee. Thank you!



Email information to Judy Ricketts-White to be included in the upcoming newsletter, jwhite5506@sbcglobal.net.

Copy Deadline is the 20th of the month to appear in the next month's issue. Email copy to Editor Judy Ricketts-White at jwhite5506@sbcglobal.net. The SECT Women's Network reserves the right to edit copy submitted for inclusion in the newsletter.

For more Network information and articles see our website: www.sectwomensnetwork.org

During this Time, Keep Safe Futures in Mind

Please go online to see if you can help Safe Futures and their residents. Please donate cleaning supplies...or any item listed on their wish list. Click on link to view their entire wish list. <https://safefuturesct.org/giving-your-things/>

Thank you for your generosity!

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 [Like us on Facebook](#)

Join and Post to the Network's New Facebook Group Page

One fairly untapped member benefit is the Network Facebook Group page. We encourage you to share your business and personal news on the Network Group page. Members must post their event or information on the Network Facebook Group page themselves. If you have questions about how to post, contact Denise Howard, Publicity Chair bestwellness4you@gmail.com.

Network Board Meeting Friday, August 14

The next Network Board Meeting is Friday, August 14, 8 am, via Zoom.com. All members are welcome to attend.

Free Event

Virtual Business Tour - You & Improved and Design 2 Consign with Shirley Zaccheo

**Wednesday, August 19, 2020
"Brown Bag" Luncheon at
11:30am, via Zoom**

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Click to register

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