

Southeastern Connecticut WOMEN'S NETWORK NEWS



Volume 34, Number 5, March 2021

March 2021 EVENTS LIST

- March 8, Monday, 1-2:30 pm - Mastermind Group Virtual Meeting
- March 11, 7-8:30pm - Virtual Panel Discussion Series - Unconscious Bias See info on page 4.
- March 12, 6pm - Virtual N@N Mixology 101 - with Teresa Jolly
- March 17, Wednesday, 11:30-1:30 pm - Zoom Luncheon Meeting - Influencing the World for Women with Nancy D. Butler See info on pages 1-2.
- March 18, 7-8:30pm - Virtual Panel Discussion Series - The Work of Safe Futures
- March 24, 6pm, Network@ Night - Let's Talk About Sex with Raylene Taskoski
- March 26, 6pm, Network@ Night - Covid Art with Kate Lee
- April 21, Wednesday, 11:30-1:30 pm - Zoom Brown-Bag Luncheon Meeting - Learn About the WBDC - with Angela Engle See info on page 3.

Descriptions in this newsletter. Click link below to read and register. www.sectwomensnetwork.org/events

Zoom Network Mastermind Meeting Scheduled - Monday, March 8 at 1pm

Visiting a Network Mastermind group is a great way to get

March, Zoom Brown-Bag Luncheon Meeting

Influencing the World for Women - with Nancy D. Butler

Join Us Wednesday, March 17, 2021 at 11:30 am for our monthly Luncheon Zoom meeting, \$10 members, \$15 non-members.

Nancy D. Butler is an international speaker, award-winning author and a delegate to the United Nations Commission on the Status of Women (CSW) for 2018, 2019 and 2020.

Her recommendation was submitted by Soroptimist International (SI), a worldwide women's organization she has been a part of for over 35 years. SI has over 100,000 members in 120 countries.

CSW brings together approxi-

mately 10,000 women from around the world to share their challenges, solutions to overcome them, and make recommendations to the UN.

Nancy attended sessions on *continued on page 2*

Click below to read more, add event to your calendar or register. <https://sectwomensnetwork.org/event-4148685>



to know Network members better and build relationships and connections. If you would like to attend the next meeting on **Monday, March 8 at 1pm** Click and please register.

<https://sectwomensnetwork.org/event-4168568>

UNCONSCIOUS BIAS Unveiling Racism

Panel Discussion Virtual Series - Women in Science

March 11, 2021...The Southeastern CT Women's Network is sponsoring a

virtual panel discussion on the topic of "Women in Science" as part of the "Unconscious Bias - Unveiling Racism" series - a free Zoom event on Thursday, March 11, 2021 from 7:00 p.m. to 8:30 p.m.. The panel will be moderated by Dr. Shelley des Etages, Director, Clinical Biomarker Scientist in the Precision Medicine group at Pfizer Inc.

Members of the Panel include: **Adanne Nduaka, MS**, Program manager with over 21 years of extensive program management and systems engineering experience in the defense industry; **Dr. Nikel...** Click link for more information.

<https://sectwomensnetwork.org/event-4186508>

Nancy D. Butler...from page 1

human trafficking, child marriage, terrorism, micro insurance and many more. She will share her experience with us and some of the issues and solutions being implemented around the world.

Due to Covid, the CSW March 17-26 session for 2021 will be virtual and many of them are open to the public. Nancy will share how you can attend free of charge.

Nancy is a long-time member of SECT Women's Network.

You can contact Nancy through her website, www.aboveallem.org.

You will receive the link for this event in the confirmation email after you register and pay.

<https://sectwomensnetwork.org/event-4148685>

March 12, 2021, 6pm, N@N Mixology 101, with Teresa Jolly, via Zoom

Mixology, March 12, 2021, 6pm, \$10. For St. Patrick's Day Fun, learn how to make a Shamrocked and a Nutty Irishman. Click for more info and ingredients list. <https://sectwomensnetwork.org/event-4186490>

Panel Discussion Virtual Series – The Work of Safe Futures - March 18, 7-8:30pm

March 18, 2021... Join us for an informative evening as we learn more about Safe Futures and what they do to help our community.

Melissa Porter Zaitchik, Director of Development & Communications at Safe Futures will moderate the panel.

<https://sectwomensnetwork.org/event-4190545>

President's Message

**Happy St. Patrick's Day!
Spring is on it's Way!**

Hello Friends!!
The days are getting longer, and I am looking forward to Spring, as I am sure that many of you are looking forward to Spring. March is Women's History Month, and the theme is "Valiant Women of the Vote: Refusing to Be Silenced."

We have some great events this month! Our Unconscious Bias series continues with Women in Science, and Nancy Butler will discuss Influencing the World for Women at our brown bag luncheon. You can also join our monthly Mastermind group.

Planning for our 45th Anniversary Celebration is going well, with a Champagne Brunch scheduled for September. The date and times will soon follow.

As you know, Millie Devine founded our Network in 1976. Looking back in history, in 1976, most of the country was preparing for Bicentennial celebrations. Also, in 1976, Jimmy Carter won the Presidential Election and NASA unveiled the first Space Shuttle. Just a few other things from 1976:

- Apple Computer Company was formed by Steve Jobs and Steve Wozniak.
- The average cost of gasoline was 0.59 cents per gallon.
- Popular movies: One Flew Over the Cuckoo's Nest, All the President's Men, The Omen, Taxi Driver, The Outlaw Josey Wales, and Rocky
- Do you remember the popular television shows? A few of those were The Six Million Dollar Man, Kojak, The Jeffersons, All in the Family, Maude, Good Times, M*A*S*H, and The Carol Burnett Show. If you want to see more facts from 1976, check out <http://www.thepeoplehistory.com/1976.html>.



Finally, I am reaching out to you, our members. Our group has an incredible wealth of talent and expertise that could benefit our Network. Please consider joining a committee and contributing some of your talent to our wonderful group. Help us make your Network even better for our members!

Have a Great Month!

Denise Howard
President

Members of the panel include: Katherine Verano, Chief Executive Officer; Christine Foster, Director of Crisis Counseling & Camp HOPE; and Nazmie Ojeda, Director of Education & Community Engagement.

For more information, click link below.

MASTERING YOUR BRAND
MARCH 30
3 Masters • 1 Session
90 Minutes of Pure Power

SPEAKER MASTERY SERIES

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March 24, 2021, 6pm, Virtual N@N - Let's Talk About Sex with Raylene Taskoski

March 24,
2021, 6pm, **\$10**
members, **\$15**
non-members.

Raylene Taskoski presents "Let's Talk About Sex: The Importance of Open Honest Discussions About Women's Sexual Health."

"A journey through the myriad of women and their struggles Raylene has encountered through... Click for more info.

<https://sectwomensnetwork.org/event-4187330>



ganization helps women in business grow and develop. She will tell us about their programs and how to take advantage of their services.

Click link to register.

<https://sectwomensnetwork.org/event-4192871>

In Honor of Our 45th Anniversary... A Look at Some Styles from 1976

1976 Women's Clothing



Patterned Jacket
\$13.97

Tunic Outfit
\$17.00

Tunic and Pants
\$30.00

Denim Separates
\$29.00

V-Neck Dress
\$17.00

Blazer
\$23.00

1976 Women's Accessories



Super Necklace

Wood Bracelet

Dressy Handbag

Checkbook Clutch

1976 Women's Shoes



Three Strap Shoe
\$11.99

Lace Boot
\$19.99

Ankle Strap Shoe
\$9.99

Leather Boot
\$42.99

1976 Men's Clothing



Romeo Slip On Shoe
\$15.99

Fonz Jacket
\$89.99

Corduroy Suit
\$69.99

Rugby Pullover
\$19.99

Phasar Watch
\$69.99

March 26, 2021, 6pm, Virtual N@N Covid Art with Kate Lee

Virtual Network@Night, March 26,
2021 at 6pm, **\$10** members, **\$15**
non-members.

Join us for a fun night of art! Grab your favorite beverage to sip and follow Kate Lee as she leads us through painting a wine glass and a mask!

<https://sectwomensnetwork.org/event-4189433>

Zoom Brown Bag Luncheon - Learn About the WBDC and Their Programs with Angela Engle - April 21, 11:30 am

Join Us, April 21, 2021 at 11:30 am, for our monthly virtual Brown Bag Luncheon.

Angela Engle will introduce us to the WBDC (Women's Business Development Council) and explain how the or-

UNCONSCIOUS BIAS **Unveiling Racism**

Southeastern CT Women's Network sponsors

"Unconscious Bias – Unveiling Racism"

A Virtual Panel Discussion

WOMEN IN SCIENCE

Thursday, March 11, 2021

7:00 P.M. – 8:30 P.M.

Open to the public. Free event.

PANEL MODERATOR:

Shelley des Etages-Wong, Director, Clinical Biomarker Scientist in the Precision Medicine group at Pfizer Inc.

PANELISTS:

Adanne Nduaka, MS, Program manager with over 21 years of extensive program management and systems engineering experience in the defense industry.

Dr. Nikel Rogers-Wood, PhD, Clinical Director for Rice Psychology Group, a group private practice in Tampa Bay, FL

Dr. Levenia Baker, Pharm.D., MS, Research Pharmacist on the Value Based Team at G-Health Enterprises in Buffalo, NY

To join the panel discussion, go to the Zoom Link:

<https://us02web.zoom.us/j/83365019987?pwd=eWRWUVVlxSHZFTm1Zc21nMnhyeVZhdz09> Or go to <https://sectwomensnetwork.org/events>

Member Benefits

The SECT Women's Network provides great value to its members!

As a Network member you may:

- **Take advantage** of the dynamic speaker program at all events that provides valuable information, networking and entertainment.
- **Choose** to attend Network Mastermind Group meetings – be mentored and mentor others.
- **Receive** our monthly newsletter.
- **Be listed** in the Network Directory and gain "Featured Member" exposure.
- **Increase** business with affordable advertising and marketing opportunities.
- **Connect** with others on a personal and business level and form mentoring relationships.
- **Gain** professional skills and leadership experience...and much more!

How Can We Help Each Other?

During this first-ever "work from home" and "stay home" virus crisis, what can we do to help each other? As SECT Women's Network members, it's in our motto to help each other — "For Powerful, Professional and Personal Relationships."

Here are just a few examples — we can be creative and think of at least a hundred more ways. Members who have lots of time on their hands can offer to grocery shop for

members who shouldn't go out at all. Those who have been furloughed can offer help to essential workers who now have children at home. Those who are now working from home can offer free phone consultations in their area of expertise.

Members who need help, **please reach out** to your Network friends and ask them to lend you a hand. Use our online directories for phone numbers and emails. Members can also post on our **Facebook Group** page to offer help and ask for help, [click here](#).

We are here to help each other! ■

Please Remember to Patronize Our Members' Small Businesses and Other Local Businesses

The last eleven months have been a particularly difficult time for our local small businesses. Many of these may never be able to recover and will be forced to close forever, so **please** remember to patronize our local businesses: shops, restaurants, services, organizations, hair salons, garden centers and farmers markets, as soon as they open back up! The large chain stores will survive — **the small businesses need our help!**

Grow Your Business with Network Advertising SPECIAL OFFER!!!

Buy 1 year, get 3 months Free (15 months total)

Take this opportunity to boost your business as restrictions and the economy open up.

Online advertising is worth more than ever now that people are purchasing online constantly. **Use this Special Offer to "Grow Your Business Now!"**

Rates are a Great Value for newsletter ads and website ads. All ad rates listed are for one year (includes 3 Free additional months).

Newsletter advertising: \$100 small ad and \$200 large ad.

Website advertising: \$275 small side ad or a bottom banner; \$550 for a large side ad.

Package deals will still be offered when purchasing multi-media ads (i.e. newsletter & website) = 20% off.

All ads and package deals must be prepaid.

Members can login to view and/or purchase ads: www.sectwomensnetwork.org/events

Nutmeg Building & Remodeling, LLC

continued on page 3

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www.NutmegBuildingRemodeling.com

WE Want YOU!

We Need Your Help! Join a committee! Committees are a great way to finally “put a name with the face!” Committees and positions include Videographer, Public Relations, Social Media, Programming, Sales and Marketing, Membership, Community Outreach, Master Class Series, Facebook, Instagram, LinkedIn and YouTube. Will you accept the challenge? Please reach out to any board member if you would like to join a committee. Committees are currently meeting virtually and we want to be ready when we start meeting again in person. Thank you!



Email information to Judy Ricketts-White to be included in the upcoming newsletter, jwhite5506@sbcglobal.net.

Copy Deadline is the 20th of the month to appear in the next month's issue. Email copy to Editor Judy Ricketts-White at jwhite5506@sbcglobal.net. The SECT Women's Network reserves the right to edit copy submitted for inclusion in the newsletter.

For more Network information and articles see our website: www.sectwomensnetwork.org

During this Time, Keep Safe Futures in Mind

Please go online to see if you can help Safe Futures and their residents. Please donate cleaning supplies...or any item listed on their wish list. Click on link to view their entire wish list. <https://safefuturesct.org/giving-your-things/>

Thank you for your generosity!

*Important Network Notice!

The updated printable online membership directory is now available. Please keep your membership current to take advantage of this benefit and be even more visible to the public.



[Like us on Facebook](#)

Join and Post to the Network's Facebook Group Page

One fairly untapped member benefit is the Network Facebook Group page. We encourage you to share your business and personal news on the Network Group page. Members must post their event or information on the Network Facebook Group page themselves. If you have questions about how to post, contact Denise Howard, Publicity Chair bestwellness4you@gmail.com.

Network Board Meeting Friday, March 12

The next Network Board Meeting is Friday, March 12, 8 am, via Zoom.com. All members are welcome to attend.

Virtual Event Influencing the World for Women with Nancy D. Butler

Wednesday, March 17, 2021

“Brown Bag” Luncheon at
11:30am, via Zoom

Link will be emailed to you after registration and payment.

Click to register

<https://sectwomensnetwork.org/event-4148685>