

Southeastern Connecticut WOMEN'S NETWORK NEWS



Volume 32, Number 6, April 2019

Upcoming Programs April 2019 Luncheon

May 15, 2019

Ayanti Grant, Esq.—Recognizing the Value of Public Service

Ayanti E. Grant, Esq. is the District Director for U.S. Congressman Joe Courtney, 2nd Congressional District. As the District Director, she develops and implements policy objectives, strategies and operating plans for the Congressman's Norwich and Enfield district offices.

Ayanti's work in immigration has been the most meaningful aspect of her career with the Congressman. As the lead immigration caseworker, she has reunited families separated by civil war and natural disasters.

Member



The SECT Women's Network provides great value to its members!

As a Network member you may:

- **Attend and enjoy** a deliciously prepared lunch at monthly meetings in an uplifting atmosphere for a very reasonable luncheon fee.
- **Take advantage** of the dynamic speaker program at the monthly luncheons that provides valuable information, networking and entertainment.
- **Choose** to attend Network Mastermind Group meetings – be mentored and mentor others.
- **Display** marketing materials on the

Cyber Security in a Wired World

Join us Wednesday, April 17, 11:30 am at Langley's Restaurant at Great Neck Country Club for our monthly luncheon meeting.

Do you ever worry about the safety of your online information – especially when the headlines bring news of a major security hack on a regular basis? Please join us for our April 17th luncheon as we welcome Frank Jarvis, an expert in cyber security.

Frank Jarvis, the Manager of Corporate Security for the past five years for the Charter Oak Federal Credit Union, has plenty of seasoned advice for staying safe in our increasingly online lives.

After graduating from Springfield College with a BS in Human Service, Frank bravely served our country in the United States Navy in the Submarine Service for four years. He retired from the New London Police Department after

thirty-four years of service; thirty one of those years as a detective.



Network attendees should arrive at **Langley's Restaurant** in Waterford at 11:30 am for registration and networking, lunch at 12 noon. The public is welcome. **Reservations are required.**

All attendees: please make your reservations or cancellations for the Wednesday, April 17 luncheon online 24/7 **by 12 midnight, Sunday, April 14.** www.sectwomensnetwork.org/events

Cash or checks for **\$25** made out to the Women's Network will be collected at the door. **Reservations after 12 midnight on Sunday will pay \$30. Reservation no-shows and late cancellations will be billed.**

member marketing table at the monthly luncheons.

- **Enter** our monthly luncheon drawings to win free advertising.
- **Receive** our monthly newsletter.
- **Be listed** in the Network Directory and gain "Featured Member" exposure.
- **Increase** business with affordable advertising and marketing opportunities.
- **Connect** with others on a personal and business level and form mentoring relationships.
- **Gain** professional skills and leader-

ship experience.

- **Give back** to the community through supporting Safe Futures with donations of food and gifts for use by residents of both the Genesis House Women's Shelter and Phoenix House transitional housing.
- **Support** our student scholarship program. The Network awards annual scholarships to students needing financial assistance to continue their education and has helped students from each of the three local public colleges/universities: The University of

Continued on page 2

Member Benefits

...from page 1

Connecticut at Avery Point, Three Rivers Community College, and Eastern Connecticut State University.

• **Get involved** by volunteering on a committee and help to create the Network of the future. The Network needs your talents.

• **Enjoy a Lifetime of Fantastic Friends, Fun and Fulfillment!** ■

New Members

Laurie Warshavsky, LJ Team
William Raveis Niantic, CT 06357
Phone: 860-205-6321
Email: laurie.warshavsky@raveis.com

After spending a career in the insurance industry in Hartford in a variety of leadership roles, Laurie relocated to the Connecticut shoreline in 2015. She launched a real estate career in 2018, joining William Raveis in Niantic. In addition to her Real Estate business, Laurie is a mentor and member of the Executive Team for the Southeastern Chapter of SCORE.

Melissa Porter Zaitchik, Safe Futures, Inc., 16 Jay Street, New London, CT 06320
Phone: 860-447-0366 x220
Email: mzaitchik@safefuturesct.org

Website: www.safefuturesct.org

Melissa Porter Zaitchik, ACSM, CPT, is proudly serving as Development Coordinator for Safe Futures, Inc., after working as an advocate in the criminal courts. She has a multidimensional background including wellness, property management and communications. Melissa is living a life full of variety and daily discoveries while encouraging and supporting others to do the same.

President's Message

Calling All Members!

- Do you want to make new friends?
- Do you want to build deeper relationships within the Southeastern Connecticut Women's Network?
- Do you want to laugh a lot?

We have an opportunity for you!

It's that time of year again to build the membership of the Board of Directors for the upcoming year. We have several openings for a variety of terms and invite you to reach

out and ask us how to become part of the group. Feel free to contact me, or any board member you may already know, to start the conversation about how you can become more involved! We would love to hear from you ... reach out today!

Happy Spring to All!

Kate Bellandese

President

March Drawings

Kathy Greene won the *Spotlight* article and Megan Marco won the *Resident* article.

Deb Moshier-Dunn won the Cameo Table to showcase *Soroptimist*, at the April 17th luncheon.

Mastermind Groups for Network Members

The concept of the Mastermind Group originated in Napoleon Hill's book "Think and Grow Rich." He defined the Mastermind principle as: "coordination of knowledge and effort by two or more people, who work toward a definite purpose in the spirit of harmony."

There is synergy of energy, commitment and excitement that participants bring to Mastermind, by supporting each other to achieve professional objectives, brainstorm ideas, and support each other with total honesty, respect and compassion. Mastermind participants act as catalysts for professional growth.

Participation in the Network Mastermind program is voluntary and free as



Dime Bank
MEMBER FDIC

Serving our community since 1869

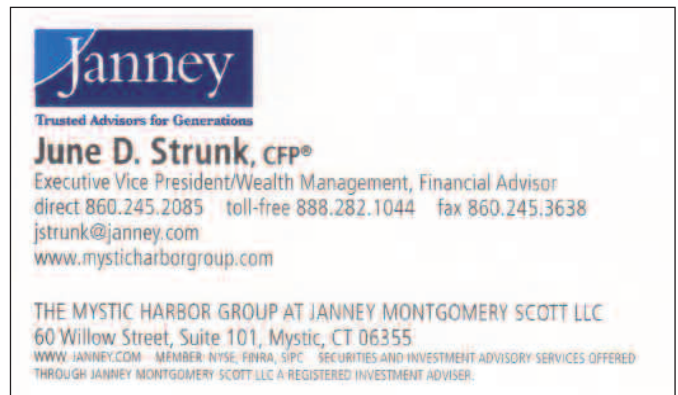
860.859.4300
dime-bank.com

Colchester | East Lyme | Ledyard | Montville
Norwich: Corporate | Broadway | Norwichtown
Taftville | New London: In Shaw's Cove & In ShopRite
Stonington Borough | Westerly, RI

f t You Tube i

part of your Network membership. It is an evolving program giving members an opportunity to con-

continued on page 3



Janney
Trusted Advisors for Generations

June D. Strunk, CFP®
Executive Vice President/Wealth Management, Financial Advisor
direct 860.245.2085 toll-free 888.282.1044 fax 860.245.3638
jstrunk@janney.com
www.mysticharborgroup.com

THE MYSTIC HARBOR GROUP AT JANNEY MONTGOMERY SCOTT LLC
60 Willow Street, Suite 101, Mystic, CT 06355
WWW.JANNEY.COM MEMBER NYSE, FINRA, SIPC SECURITIES AND INVESTMENT ADVISORY SERVICES OFFERED THROUGH JANNEY MONTGOMERY SCOTT LLC A REGISTERED INVESTMENT ADVISER.



We Need Your Help!

Call for

Woman of the Year Award Nominations

The **Woman of the Year Award** is presented annually, usually at the June Luncheon. It is presented to a member of the NETWORK who meets the following criteria:

The Prior Recipients are:

1991.Nan Crowley
1992.Nancy Hillery
1993.Barbara Gager
1994.Barbara Reed Collins
1995.Linda Mariani
1996.Lois Palmer-Alderson
1997.Barbara Quinn
1998.Joyce Schmidt
1999.Judy Woodman
2000.Millie Devine
2001.Kathleen O'Beirne
2002.Vicki Anderson
2003.Marj Taggart Dedrick
2004.Lois Andrews
2005.Elaine Bono
2006.Cora Murphy
2007.Susan Pochal
2008.Beth Glynn
2009.Kasey Goss
2010.Jane Moriarty
2011.Gail Weber
2012.Christine Lautz
2013.Camilla Ross
2014.Connie Plessman
2015.Louisa Ketron
2016.Donna Yother
2017.Susan M. Dombrowski
2018.Emma Palzere-Rae

- The Candidate must be an active member of the Southeastern Connecticut Women's NETWORK, attending luncheons and participating in other functions.
- The Candidate may be a former, but not a current member of the Board of Directors or its Executive Board.
- The Candidate must be active in her community and within other professional organizations.
- The Candidate must express an interest in helping other women and men achieve professional status and public exposure through networking in the community.
- Deadline for nomination submissions is April 30, 2019.
- Please send all nominations to Emma Palzere-Rae via email: emmapalzererae@gmail.com or call (860) 961-6067.

THANK YOU IN ADVANCE!

**Southeastern Connecticut
Women's Network**

Mastermind...*from page 2*

nect and support each other more intimately in achieving personal and professional objectives.

Mastermind groups meet once a month. Pavé Group meets the second Monday of the month (time tba) in Waterford. A second Mastermind group meets on the last Wednesday of the month at 7 a.m. in Gales Ferry.

Those interested in Mastermind are encouraged to visit a group meeting, an RSVP is required.

For more information or to visit the Monday Mastermind group, please contact Judy Ricketts-White jwhite5506@sbcglobal.net.

For information or to visit the Wednesday morning group, contact Carol Burgess cburgess0@snet.net.

Email information to Judy Ricketts-White to be included in the upcoming newsletter, jwhite5506@sbcglobal.net.



AG
Anne & Garland
Enterprises

LinkedIn: Anne Garland
Phone: 860-575-4970

Looking for a new bank?

Contact Deb today!

Deb Tavernier Norwich Branch Manager
(800) 377-4424 x7080 • dtavernier@putnambank.com
NMLS: 759529 | Bank NMLS: 493637

Putnam Bank
TOGETHER WE MAKE A DIFFERENCE

putnambank.com    



What's important to you? Let's talk.

 **Brittni Oxendine**
Financial Advisor
24 Elm Street Suite 1
Old Saybrook, CT 06475
860-388-6266
www.edwardjones.com

Edward Jones
MAKING SENSE OF INVESTING



Women Supporting Women!!
Your business is unique.

Your insurance needs to protect you!
Whether you are a business owner working from your home or a small business owner in your community, SAVA can help you!



Guided by Heart

750 Broad Street • Waterford, CT 06385 • 860.437.7282
savainsurance.com



Auto | Home | Business | Life | Benefits

Nutmeg Building & Remodeling, LLC

— *Making your dream home a reality.* —

860.572.9606

www.NutmegBuildingRemodeling.com



*Members Enter to Win Free Advertising

The drawing basket for free advertising will be placed at the registration table. Members only may place their business card in the basket for a chance to win free advertising. Attend a luncheon and enter to win! *Must be present to win.*

Call for 2019 Women's

Nonprofit Event Information

If you are an employee or a member of a non-profit entity that benefits women, and wish to have a SECTWN presence at one or more of your events in 2019, we want to know. The Admin Committee is currently compiling a list of these events with the goal of identifying those which we intend to fund and open for Network attendance in 2019. The number of events selected will depend on the donation requirements and SECTWN budget.

If interested, please send your list of events to Nancy Motola at ncmotola@pharmaregconnection.com and include information regarding donation requirements, date, venue, and a description of the event. **Please note** that any organization which benefits women qualifies. It does not have to be an organization exclusive to women.

For more Network information and articles see our website: www.sectwomensnetwork.org

Safe Futures – Giving Basket

A purple basket will be available at the monthly luncheons to donate much-needed items for Safe Futures and their residents. **Please donate cleaning supplies...or any item listed on their wish list.** Click on link to view their entire wish list. <https://www.safefuturesct.org/giving/our-wish-list>

Thank you for your generosity!

Members Win Tickets to Comedy Show!

Ten lucky members received FREE tickets to the **April 13 Comedy Show** presented by A Good Laugh, Inc. The names were drawn at the March luncheon! The tickets were provided by the Southeastern Connecticut Women's Network as a benefit of being a member and attending the luncheon. The winners were: Susan Baroni-Schaeffer, SaraLynn Kerrigan, Deb Moshier-Dunn, Nancy Motolo, Emma Palzere-Rae, Melissa Porter, Kathy Pooler, Judy Ricketts-White, Deb Tavernier and D'mitra Gomez Waheed.

Featured Business at Cameo Table

Deb Moshier-Dunn will be showcasing *Soroptimist* at the April 17, 2019 luncheon. Please stop by the table to meet Deb and learn more about the organization she represents by visiting the website at www.soroptimistner.org.



[Like us on Facebook](#)

Join and Post to the Network's New Facebook Group Page

One fairly untapped member benefit is the Network Facebook Group page. We encourage you to share your business and personal news on the Network Group page. Members must post their event or information on the Network Facebook Group page themselves. If you have questions about how to post, contact Denise Howard, Publicity Chair bestwellness4you@gmail.com.

Copy Deadline is the 20th of the month to appear in the next month's issue. Email copy to Editor Judy Ricketts-White at jwhite5506@sbcbglobal.net. The SECT Women's Network reserves the right to edit copy submitted for inclusion in the newsletter.

Network Board Meeting Friday, April 12

The next Network Board Meeting is Friday, April 12, 8 am, at Groton Inn & Suites, 99 Gold Star Highway. All members are welcome to attend.

All Attendees: make reservations online for the Wednesday, April 17, 2019 luncheon at Langley's Restaurant, Great Neck Country Club in Waterford, CT at

www.sectwomensnetwork.org/events no later than 12 midnight, Sunday, April 14, Reservations are required.

Reservation no-shows and late cancellations will be billed.