

Southeastern Connecticut WOMEN'S NETWORK NEWS



Volume 34, Number 1, November 2020

NOVEMBER EVENTS LIST

- November 9, Monday, 1-2:30 pm - Mastermind Group Virtual Meeting
- November 12, Thursday, 7-8:30 pm - Unconscious Bias, Anti-Semitism - Virtual Panel Discussion Series, flyer on page 3
- November 18, Wednesday, 11:30-1:30 pm - Virtual Luncheon - Military Appreciation - Lori Marriott - Easter Seals - Veterans Rally Point
- Victory for Veterans - donate items by Dec. 4 See page 2
- December 16, Wednesday, 11:30-1:30 pm - Virtual Holiday Bazaar - Shop Local, Ugly Sweater Contest and Prize Giveaways! See flyer on page 4.

Descriptions in this newsletter. Click link below to read, register or add to your calendar.
www.sectwomensnetwork.org/events

Zoom Network Mastermind Meeting Scheduled

Network Mastermind groups have been meeting via Zoom throughout this year. Mastermind is a great way to get to know Network members better and build relationships and connections. If you would like to attend the next meeting on **Monday, November 9 at 1pm** Click and please register.
<https://sectwomensnetwork.org/event-4031984>

November 18, Free Zoom Meeting Military Appreciation — Lori Marriott — Easter Seals — Veterans Rally Point

Join Us Wednesday, November 18, 2020 at 11:30 am for our monthly Zoom meeting. *An email link will be sent prior to the meeting.*

Lori Marriott serves as Senior Director of Military Services at Easterseals - Veterans Rally Point. She was the first member of the Veterans Rally Point team in March 2018.

She oversees the Women's Veterans Initiative, The Peer Support Programs, and the Caregiver Retreats for our Military & Veteran Family programs. She is a key player in the process surrounding the \$2.5 million state bond grant for the build-out of an 18,000 sq ft "Veterans Rally Point Center of Ex-

cellence" in Norwich, CT.

Lori is a prior service active duty Army CPT, commissioned through the Reserve Officer Training Corps (ROTC) in May 1988 with a Regular Army Commission. She received the Distinguished Military Graduate Award.

Lori attended the US Army Air-
continued on page 2

Click below to read more, add event to your calendar or register.
<https://sectwomensnetwork.org/event-4037752>



UNCONSCIOUS BIAS Unveiling Racism

Panel Discussion Virtual Series - Anti- Semitism, Nov. 12

Nov. 12, 2020...
The Southeastern CT Women's Network is sponsoring a virtual panel discussion on the topic of "Anti-Semitism, Unconscious Bias -

Unveiling Racism"- a free Zoom event

continued on page 2



Virtual Holiday Bazaar — Dec. 16

Join the Fun at the Ho Ho Holiday Virtual Bazaar!

This year we will be hosting a "Shop Local" Holiday Bazaar featuring our own members' products and services, our famous ugly sweater contest, prizes...and more! You'll want to attend to be entered to win a one-year free membership.

A vendor application will be emailed - reply in order to be a featured business at the bazaar.

Now is the time to dust off your ugliest holiday sweater, bring your big bling and join the fun!

<https://sectwomensnetwork.org/event-4039140>

Anti-Semitism...*from page 1*

on Thursday, November 12th from 7:00 p.m. to 8:30 p.m.. The panel will be moderated by Carin Savel, Executive Director of the Jewish Federation of Eastern CT. Prior to joining JFEC, Carin was the CEO of the Jewish Federation of Raleigh-Cary and led the Jewish Relations Committee (JRC) of the Jewish Federation of Western Massachusetts. Before joining the Jewish professional world, Carin served for 12 years as chief of staff and policy director in the NC General Assembly. <http://jfec.com>

See flyer on next page.

Open to the public. To join the panel discussion, go to Zoom Link: <https://us02web.zoom.us/j/83365019987?pwd=eWRWUVlxSHZFTm1Zc2lnMnhyeVZhdz09>

To read about other panel members or for more information, click link below.

<https://sectwomensnetwork.org/event-4031959>

Lori Marriot...*from page 1*

borne School, Ft Benning, GA as an ROTC cadet, Quartermaster Officer Basic Course at Ft Lee, VA where she was awarded the unit guidon for the Company "Spirit Award" by her peers and cadre, US Army Parachute Rigger Course. Ft Lee, VA .

Her first official job in the Army was a Recruiter at Providence College for their ROTC program. Lori was responsible for Tent City at Camp Darby, [Livorno, Italy (1989 - 1992), Desert Shield/Desert Storm (1991)].

Units deploying from the US into the war zone were housed in tents while their munitions, weapons, and supplies were prepped and loaded. She reported daily to the Southern European Task Force Commander, a 4-star general, on the number of units and personnel due in, departing, and presently on-site. The health and well-being of these troops while in her care, were of utmost importance to her. These troops were heading off to

*President's Message***Network Members will Enjoy New Activities as We Head Into the Holidays**

Happy Fall, friends!

I cannot believe that it is already November! The cooler weather gives us a great opportunity to get outside, enjoy the beautiful fall colors, and go for a hike.

I hope that you have been able to join us for some of our many virtual events! As you may know, we normally recognize Veterans Day in November with a Veterans Appreciation Luncheon. This year, we are starting a new event. We are collecting items for

homeless and senior veterans to create much needed care packages. Please see details in this newsletter.

Please join us in our continuing Unconscious Bias series for the Anti-Semitism panel on November 12th.

Lastly, I hope that you can enjoy a nice Thanksgiving with your families.

Happy Thanksgiving!

Denise Howard
President

the war zone.

Click below to read more, add event to your calendar or register.

<https://sectwomensnetwork.org/event-4037752>

"Victory for Veterans" Program

In the past, Easter Seals Rally Point has collected the items below and put them into covered 5-gallon buckets. The buckets serve as a "seat" and a place to keep their items dry. The hats, gloves, scarves, winter jackets, and 5-gallon buckets can be new or gently used. Do you have any contacts who may be willing to donate buckets or other items? We will collect all items by **December 4th** and assemble the special gift packages for distribution to local Veterans in need.

- Winter hats
- Gloves
- Scarves
- Winter Jackets
- Hand Warmer Packets
- T-Shirts

- 5-gallon buckets with lids (new or used in good condition)
 - Toothbrush/Toothpaste. Hygiene items are taken for granted by those who can easily run to the store to buy more.
 - Socks. Socks are one of the most requested items from homeless shelters, yet they're one of the less frequently donated.
 - Deodorant
- Contact Denise Howard, bestwellness4you@gmail.com



SPEAKER MASTERY SERIES

eventsbyanne.com

December 1st Event *click for details*

UNCONSCIOUS BIAS **Unveiling Racism**

Southeastern CT Women's Network sponsors

"Unconscious Bias – Unveiling Racism"

Anti-Semitism

A Virtual Panel Discussion

**November 12, 2020
7:00 P.M. – 8:30 P.M.**

Open to the public. Free event

PANEL MODERATOR:

CARIN SAVEL, Executive Director of the Jewish Federation of Eastern CT

PANELISTS:

AVI WEINRYB, Deputy Director of Combat Anti-Semitism Movement

STEPHANIE HAUSNER, Deputy Director of Israel Action Network

STEVE GINSBERG, Director of CT Anti-Defamation League

To join the panel discussion, go to the Zoom Link:

<https://us02web.zoom.us/j/83365019987?pwd=eWRWUVIvSHZFTm1Zc21nMnhyeVZhZdz09> Or go to <https://sectwomensnetwork.org/events>

Please join us for a dynamic and engaging evening.

(This panel is part of a series of monthly panels focusing on Unconscious Bias.)



HO HO HOLIDAY

UGLY SWEATER
CONTEST

SHOP LOCAL

ANNUAL MEMBERSHIP
GIVE-AWAY



Virtual Holiday Bazaar December 16, 2020



SHOP LOCAL

Shop with your fellow members as they present their wares, services, and skills.

UGLY SWEATER CONTEST

Join us in your holiday best for a chance to win an Annual membership. Bring your big bling, your big sparkles, and your big enthusiasm!

PRIZES

Annual membership giveaway drawings. You could win a free one year membership! Must be present to enter the drawing!

Member Benefits

The SECT Women's Network provides great value to its members!

As a Network member you may:

- **Take advantage** of the dynamic speaker program at all events that provides valuable information, networking and entertainment.
- **Choose** to attend Network Mastermind Group meetings – be mentored and mentor others.
- **Receive** our monthly newsletter.
- **Be listed** in the Network Directory and gain "Featured Member" exposure.
- **Increase** business with affordable advertising and marketing opportunities.
- **Connect** with others on a personal and business level and form mentoring relationships.
- **Gain** professional skills and leadership experience...and much more!

How Can We Help Each Other?

During this first-ever "work from home" and "stay home" virus crisis, what can we do to help each other? As SECT Women's Network members, it's in our motto to help each other — "For Powerful, Professional and Personal Relationships."

Here are just a few examples — we can be creative and think of at least a hundred more ways. Members who have lots of time on their hands can offer to grocery shop for members who shouldn't go out at all.

Those who have been furloughed can offer help to essential workers who now have children at home. Those who are now working from home can offer free phone consultations in their area of expertise.

Members who need help, **please reach out** to your Network friends and ask them to lend you a hand. Use our online directories for phone numbers and emails. Members can also post on our **Facebook Group** page to offer help and ask for help, [click here](#).

We are here to help each other! ■

Please Remember to Patronize Our Members' Small Businesses and Other Local Businesses

The last six months have been a particularly difficult time for our local small businesses. Many of these may never be able to recover and will be forced to close forever, so **please** remember to patronize our local businesses: shops, restaurants, services, organizations, hair salons, garden centers and farmers markets, as soon as they open back up! The large chain stores will survive — **the small businesses need our help!**

Grow Your Business with Network Advertising SPECIAL OFFER!!!

Buy 1 year, get 3 months Free (15 months total)

Take this opportunity to boost your business as restrictions and the economy open up.

Online advertising is worth more than ever now that people are purchasing online constantly. **Use this Special Offer to "Grow Your Business Now!"**

Rates are a Great Value for newsletter ads and website ads. All ad rates listed are for one year (includes 3 Free additional months).

Newsletter advertising: \$100 small ad and \$200 large ad.

Website advertising: \$275 small side ad or a bottom banner; \$550 for a large side ad.

Package deals will still be offered when purchasing multi-media ads (i.e. newsletter & website) = 20% off.

All ads and package deals must be prepaid.

Members can login to view and/or purchase ads:
www.sectwomensnetwork.org/events

Nutmeg Building & Remodeling, LLC

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www.NutmegBuildingRemodeling.com

WE Want YOU!

We Need Your Help! Join a committee! Committees are a great way to finally “put a name with the face!” Committees and positions include Videographer, Public Relations, Social Media, Programming, Sales and Marketing, Membership, Community Outreach, Master Class Series, Facebook, Instagram, LinkedIn and YouTube. Will you accept the challenge? Please reach out to any board member if you would like to join a committee. Committees are currently meeting virtually and we want to be ready when we start meeting again in person. Thank you!



Email information to Judy Ricketts-White to be included in the upcoming newsletter, jwhite5506@sbcglobal.net.

Copy Deadline is the 20th of the month to appear in the next month's issue. Email copy to Editor Judy Ricketts-White at jwhite5506@sbcglobal.net. The SECT Women's Network reserves the right to edit copy submitted for inclusion in the newsletter.

For more Network information and articles see our website: www.sectwomensnetwork.org

During this Time, Keep Safe Futures in Mind

Please go online to see if you can help Safe Futures and their residents. Please donate cleaning supplies...or any item listed on their wish list. Click on link to view their entire wish list. <https://safefuturesct.org/giving-your-things/>

Thank you for your generosity!

*Important Network Notice!

Please check your emails for your annual dues renewal notices. The updated online membership directory will be available in late November, please keep your membership current to be included and visible to the public.



[Like us on Facebook](#)

Join and Post to the Network's New Facebook Group Page

One fairly untapped member benefit is the Network Facebook Group page. We encourage you to share your business and personal news on the Network Group page. Members must post their event or information on the Network Facebook Group page themselves. If you have questions about how to post, contact Denise Howard, Publicity Chair bestwellness4you@gmail.com.

Network Board Meeting Friday, November 13

The next Network Board Meeting is Friday, November 13, 8 am, via Zoom.com. All members are welcome to attend.

Free Event

**Military Appreciation - Lori Marriott
Easter Seals - Veterans Rally Point -
"Victory for Veterans"**

Care Packages

Wednesday, November 18, 2020

"Brown Bag" Luncheon at

11:30am, via Zoom

Link will be emailed to you.

Click to register

<https://sectwomensnetwork.org/event-4037752>